

M.C. PARKS & RECREATION



SIX ON THE LAKE, WASHINGTON PARK

MICHIGAN CITY, IN 46360

(219) 873-1506..303

FAX: (219) 873-1540

RECREATION@MICHIGANCITYPARKS.COM

Jeremy Kienitz

RECREATION DIRECTOR

INDEX TO RULES FOR ADULT VOLLEYBALL

I. MICHIGAN CITY PARKS & RECREATION ADULT VOLLEYBALL PROGRAM

PAGE 2, 3

II. GENERAL PROGRAM RULES & GUIDELINES

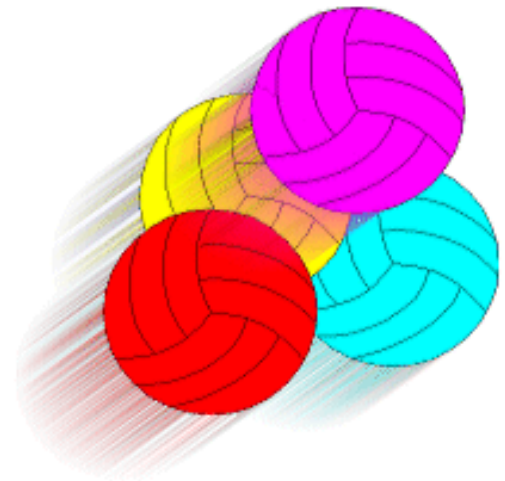
PAGES 3, 4

III. RULES FOR VOLLEYBALL

PAGES 4, 5

IV. RULES FOR VOLLEYBALL: COED

PAGE 6



MICHIGAN CITY RECREATION COMMITTEE

JEREMY KIENITZ	- RECREATION DIRECTOR
JIM KINTZELE JR.	- M.C PARKS VOLLEYBALL DIRECTOR
DAN MESSINA	- SUPERVISOR
DAVE GREER	- SUPERVISOR
BRIAN STUDDTMAN	- OFFICIAL/SUPERVISOR

- RESPECTIVE PARTICIPANTS WILL FILL MANAGER & PLAYER REPRESENTATIVES TO THE COMMITTEE.

In essence, all team managers are considered as a manager representative to the committee. The team manager also may choose a player representative from his or her team to participate with the committee as well when a team is invited to a committee meeting.

The Michigan City Parks & Recreation Department strives to create and provide the community with recreational opportunities and competition in a family oriented atmosphere. The enthusiasm, spirit and attitude of our participants are paramount to the programs success.

I. MICHIGAN CITY PARKS & RECREATION ADULT *VOLLEYBALL PROGRAM.*

2009-2010 Volleyball fees are for a 14/18 match regular season and a double elimination post-season tournament. MEN'S, WOMEN'S, and COED DIVISIONS are offered. As per team entries allow, "upper" and "lower" divisions *may* be assigned. The M.C. Parks & Recreation Department reserves the right to alter the format for any reason, including scheduling and/or facility conflicts with the *Michigan City Area School System*. Matches may be added or deleted depending on needs and circumstances. **NO TEAM WILL BE SCHEDULED WITHOUT FULL PAYMENT OF LEAGUE FEE.**

2009-2010 ADULT VOLLEYBALL FEE Cost per team is \$350.00

ROSTERS / WAIVERS

The last day to add players to a roster is January 17, 2010. The Recreation Director reserves the right to allow add-ons to a roster after January 17th; however, allowing a late add-on will be extremely rare!

A. LEAGUE PLAY FORMAT

- **MEN'S LEAGUE** will play on Monday evenings and use **USVA** rules.
- **CO-ED LEAGUE** will play on Tuesday evenings and use **National Federation High School** rules.
- **WOMEN'S LEAGUE** will play on Wednesday evenings and use **National Federation High School** rules.

RULES ARE UTILIZED WITH MODIFICATIONS FOR LOCAL PURPOSES IN ACCORDANCE TO M.C. PARKS & RECREATION RULES AND POLICY.

- B.** Sponsor awards will be presented for 1st and 2nd place finishes for regular season and tournament. Individual awards will be earned by first place league and/or tourney winners **ONLY**.

II. GENERAL PROGRAM RULES & GUIDELINES

League play will be governed as specified above, including modifications for local purposes in adherence to policy set forth by the Michigan City Parks and Recreation Department as follows:

- A.** A participant may appeal a decision by the Recreation Director, or by the Recreation Committee, which results in suspension of his or her participation, either permanently or for not less than the remainder of the year, by filing within thirty (30) days of the date of the suspension, a written appeal stating briefly the date, nature and duration of the suspension, and the reasons for the objections to the suspension, to be filed with the Michigan City Park and Recreation Board which shall consider the appeal under applicable Indiana laws and regulations as soon as possible.
- B.** ALL TEAMS MUST HAVE A DESIGNATED MANAGER. Be sure to list a manager on the roster. Please include home and work phone numbers if possible. (We need to be able to contact someone from the team about pertinent league information throughout the course of the season.)
- C.** TEAM MANAGERS ARE RESPONSIBLE FOR KNOWING ALL RULES, WHICH WILL BE PROVIDED TO THEM AT A MANDATORY MANAGER MEETING PRIOR TO THE START OF THE SEASON. IT IS THE MANAGER'S RESPONSIBILITY TO INFORM THE INDIVIDUALS ON THEIR TEAM OF ALL RULES AND LEAGUE INFORMATION. (Reproducing and distributing these rules to each team member is strongly

recommended.) The team manager, in part, will be held accountable for individual behavior by his or her team members. Team managers are to set conduct parameters, and managers will be held to an extended standard when unsportsmanlike situations are addressed. Team managers will be held accountable for the team roster.

- D. **Managers should always check at the score tables for league information.** Information and correspondence designated for your team will always be posted or available at the score table - as will the standings.
- E. A player may play for only one (1) team per coed, mens or womens leagues. For example, under no circumstance can a player play for two (2) different coed teams just because the division - coed "A" and coed "B" are different. Coed is Coed!
- F. Violations will cause the second team played for to forfeit all games said player participated in. Further, said player will be suspended from the program for the remainder of the season and/or tournament.
- G. **SWITCHING TEAMS** - A player may switch from one team to another as long as they have not played in more than three (3) matches (with the first team played for) and must have the approval of the league director and/or the recreation director. The player is then locked on this second team for the remainder of the season and tournament.
- H. The Parks & Recreation Department will not tolerate acts of vocal harassment or physical violence. Any person or team that does not conduct itself in a civil manner towards program officials, directors, and fellow participants will be suspended from Parks and Recreation activities.
- I. Teams that cannot control their individual players, coaches and spectators, or that are collectively unruly and disorderly, will be excluded from future Parks and Recreation activities.
- J. Any person(s) whose actions or language are considered contrary to Park Department policy and expectations will be subject to expulsion from all Parks and Recreation Department activities.
- K. An official, director, and/or supervisor may eject player(s) or spectator(s) whenever a situation warrants such action. The official may also forfeit any game(s) whenever such action is deemed necessary.
- L. Any player suspended from Parks & Recreation activities is considered an ineligible player; and will cause forfeiture of all games a suspended player participated in.
- M. **Do not bring any firearms or weapons of any kind onto school property - this includes school parking lots. EFFECT: ANY PERSON(S) OR TEAM(S) FOUND WITH ABOVE ON SCHOOL PROPERTY WILL BE DISMISSED FROM THE PROGRAM INDEFINITELY - INCLUDING TOURNAMENTS. NO REFUND WILL BE ISSUED.**
- N. Do not bring any alcoholic beverages onto school property. This includes school parking lots. Although we have many fine tavern sponsors, please partake at their establishments following your games - NOT ON SCHOOL PROPERTY!

EFFECT:

ANY TEAM FOUND WITH ALCOHOL ON SCHOOL PROPERTY WILL BE DISMISSED FROM THE PROGRAM FOR THE REMAINDER OF THE SEASON - INCLUDING TOURNAMENTS. **NO REFUND WILL BE ISSUED.**

- O. No smoking inside any school facility! No refreshments will be allowed in gymnasiums. There are school rules against such activities. Do not do it. Once again, if it is a problem, your team will be asked to leave and will forfeit.
- P. School holidays and/or cancellations do not necessarily mean volleyball will be canceled. Managers should provide their players with the phone number **873-1406 x393**. A recorded message will announce when games have been canceled. If there is no cancellation message, assume games are on as scheduled.
- Q. **All children must be in the sight and control of their parents.** Children are not to be in other parts of the school - they must be in the gym sitting down and watching. If children are found away from their parents or

guardians in other parts of the school; or if children are not in a proximity of the court you are playing on, we will be forced to ask your team to leave the facility, and/or issue a forfeit.

*Please use common sense while on school property. If a situation occurs where the previous rules pertaining to school facilities are ignored, individuals and/or teams will be terminated from the program with no recourse - **NO REFUND WILL BE GRANTED.***

*The Parks Department has been allowed the privilege to use the finest facilities available in Michigan City for our volleyball program. Therefore, in an effort to secure the continued use of the school gyms, these important rules and preventative measures have been deemed necessary. **The continued usage of school facilities depends on your cooperation.***

III. RULES FOR VOLLEYBALL

The volleyball program will concentrate on strict enforcement of all rules concerning sportsmanlike behavior (and language). All Michigan City Area School facility usage guidelines will be enforced as well. Please understand all rules and guidelines are in place to assure continued usage of school gymnasiums; and to secure a family oriented and recreational class atmosphere.

LEAGUE AND TOURNAMENT PLAY

All league and tournament play will include modifications as set forth for local purposes in adherence to policy set forth by the Department of Parks & Recreation. A *National Federation of State High School Associations* volleyball rules book may be purchased by calling (816) 464-5400.

- **MEN'S LEAGUE will use USVBA rules.**
 - **CO-ED LEAGUE will use *National Federation High School* rules.**
 - **WOMEN'S LEAGUE will use *National Federation High School* rules.**
- A. All teams must have four (4) participants on the court to start. Late players may enter the game until the serving rotation has been completed once.
 - B. Teams playing with less than six (6) participants will be penalized as follows: Automatic side-out when the 5th and/or 6th spot in rotation is reached for service. ***See rules for coed volleyball.**
 - C. A grace period of 5 minutes will be allowed for the FIRST TIME SLOT OF THE EVENING ONLY. For all remaining time slots - game time is forfeit time. Additional forfeits will be assessed by the official in ten minute intervals after the first game has been ruled a forfeit.
 - D. A match will be three (3) games to twenty one(21), win by two, cap of twenty three (23) - **ALL RALLY SCORING.** **A coin toss is used prior to start of match, and a second coin toss is used for the third game to determine serve.**
 - E. The ceiling divider at Barker Middle School is IN PLAY for coed and women's leagues. (It is considered part of the ceiling, just as the beams are considered part of the ceiling.) *In Men's League with main court going it is in play. However, with two courts going it is not in play.*
 - F. **FORFEIT RULE: A \$50.00 FORFEIT FEE WILL BE CHARGED TO ANY TEAM THAT FORFEITS A SCHEDULED MATCH FOR THE THIRD TIME. SAID TEAM MUST PAY THE FEE TO CONTINUE PARTICIPATING IN LEAGUE AND/OR TOURNEY PLAY.**
 - G. Substitutions will apply as per high school rules (*see example below).
 - H. All teams will be assigned to line and keep score (see example below). Teams that ignore lining/scoring assignments may be removed from the program with no recourse - NO REFUND WILL BE ISSUED. Three persons are mandatory.
 - I. Regular season division ties will be decided by:

First Place (a) - Record against each other
 (b) - Play-off game

Second Place (a) - Record against each other
 (b) - Point differential between teams involved
 (c) - Total points for season
 (d) - Play-off

***** SCORE KEEPING *****

K. All teams will be assigned to line and keep score (see example below). Teams that ignore lining/scoring assignments may be removed from the program with no recourse - NO REFUND WILL BE ISSUED. Three persons are mandatory.

- SCOREKEEPING ASSIGNMENTS ARE TO BE TAKEN SERIOUSLY AND PERFORMED WITH CARE AND ACCURACY. SOMEONE FROM THE TEAM WHO KNOWS HOW TO KEEP THE SCORE IS REQUIRED. IF NO ONE FROM THE TEAM KNOWS HOW, ASK FOR HELP.
- PLEASE MAKE SURE TEAM NAMES AND SCORES ARE PUT IN APPROPRIATE SPOTS ON THE SCORE SHEET! PLEASE LIST THE START TIME OF MATCH AS WELL.
- SUBSTITUTES

SUBSTITUTIONS CAN ONLY TAKE PLACE WHEN A MALE SUBS FOR A MALE AND A FEMALE SUBS FOR A FEMALE. AT NO TIME MAY A MALE SUB FOR A FEMALE AND VICE VERSA.

EXAMPLE:

GAME 1	
PLAYER NAME/#	GAME 1 FINAL SCORE
#1	
#2	
#3	
#4	
#5	
#6/#7/6/7/6/7	

Player 7 (sub) will enter for player 6. Player 6 may re-enter for player 7 ONLY (no more than two additional times).

*** ROTATING IN**

"Rotating in" is allowed in women's leagues only. The extra player(s) must be put on the score sheet in the correct serving order. If you are going to "rotate in", then you must do so at the start of each game.

LATE PLAYER(S) CANNOT ROTATE IN; however, they may be used as a substitute. EXAMPLE:

GAME 1	
PLAYER NAME/#	GAME 1 FINAL SCORE
#1	
#2	
#3	
#4	
#7	
#5	
#6	

XXXXXXXXX
 #7 <----> 4 3 2
 IN
 <---- 5 6 1
 OUT

Player must rotate into #4 spot (left front). Player #5 spot comes out.

IV. RULES FOR COED VOLLEYBALL

All previous rules for volleyball will apply to coed volleyball, including the following adjustments:

- A. A team playing with five (5) players will be penalized as follows: Automatic side-out when empty spot in rotation is reached for service. Also, the vacant spot must rotate as if a player is there (ghost player). All sideouts in a rally game is a point. **GAMES MAY END ON A SIDEOUT DUE TO AN EMPTY SPOT IF IN RALLY.**

EXAMPLE: #6 IS GHOST OR **EMPTY SPOT**

(NET)					
XXXXXX	XXXXXX	XXXXXX	XXXXXX	XXXXXX	XXXXXX
4 3 2	5 4 3	6 5 4	1 6 5	2 1 6	3 2 1
5 6 1	6 1 2	1 2 3	2 3 4	3 4 5	4 5 6

Therefore, when #6 player reaches the front row, there will be three rotations of 2 front row players.

- B. All vacant spots in the rotation will be listed in the 6th serving position when one player short, and the 5th and 6th serving positions with two players short.
- C. When playing with two players short (or four players in the lineup), a team will rotate their lineups so as to have two front row and two back row players at all times. A team using such a lineup will still have to sideout when the vacant spots reach the service position.
- D. Blocking a served ball is not permitted. Attacking a served ball is not permitted.

If you have any questions call JEREMY KIENITZ, Recreation Director at the Park Office 9:00 a.m. through 5:00 p.m., Monday through Friday - **873-1524**; or call **Jim** Kintzele, Volleyball Director at 898-3090.

PLEASE TAKE ADEQUATE TIME TO STRETCH AND WARM-UP BEFORE PLAYING. PHYSICAL FITNESS, AN EFFECTIVE APPROACH TO NUTRITION, AND PREVENTIVE MAINTENANCE WILL HELP PREVENT INJURY!

PLEASE BE A GOOD SPORT AND ENJOY THE GAME OF VOLLEYBALL!

POINTS OF EMPHASIS

NO TOLERANCE FOR FIGHTING

- THE CITY OF MICHIGAN CITY, DEPARTMENT OF PARKS & RECREATION **WILL NOT TOLERATE FIGHTING OF ANY KIND.** ANY SITUATION INVOLVING PHYSICAL CONTACT OR FIGHTING WILL BE ADDRESSED IMMEDIATELY AND ACTED UPON APPROPRIATELY BY THE GAME OFFICIALS, LEAGUE DIRECTORS AND PARK SUPERVISORS. THE MATCH MAY SIMPLY BE CALLED AND THE OFFENDING TEAM(S) WILL BE EJECTED FROM THE FACILITY.
- **UNSPORTSMANLIKE ACTS WILL BE DOCUMENTED EVERY EVENING AT THE SCORERS TABLE. THE PARKS ADMINISTRATIVE STAFF WILL EVALUATE EACH SITUATION AND SANCTIONS WILL BE RENDERED IN ACCORDANCE TO PARKS AND IHSAA STANDARDS AND POLICY. THE DEPARTMENT OF PARKS & RECREATION WILL ENFORCE AND CONCENTRATE ON THE FOLLOWING IHSAA RULE:**

Page 24, Rule 8 - CONDUCT, CHARACTER, and DISCIPLINE C-8-3: Any contestant or coach ejected for an unsportsmanlike act SHALL BE SUSPENDED FROM THE NEXT CONTEST (scheduled Parks Volleyball match), in addition to any other penalties assessed.

THE BOTTOM LINE IS TO AVOID PUTTING ONESELF IN SUCH A SITUATION AND CONTROL YOURSELF, AND THERE WILL BE NO PROBLEMS AND/OR ADDITIONAL SUSPENSIONS!

- Harassment, baiting and/or taunting, or "*trash-talking*" between participants WILL NOT BE TOLERATED AT ALL!

Contrary to what some participants think, taunting, baiting or "*trash-talking*" has no place in the game of volleyball - THIS APPROACH DOES NOT PROVIDE A STRATEGICAL ADVANTAGE - IT ONLY STARTS TROUBLE! This behavior will not be tolerated, and is an area we will concentrate on. If there is a problem, said player(s) or team(s) will be removed from the adult volleyball program with no refund of fees.

No officials, directors, participants, or fans should have to listen to any verbal abuse from anyone. This includes loud outbursts of foul language regardless of any situation or self-perceived justification from ANYONE! Some participants enjoy bringing children and family to the gym to watch the games. Children and family members do not need to see and hear grown adults acting like uncontrollable idiots in our adult recreational league! We want to create a family oriented atmosphere to be enjoyed by all!

VERY IMPORTANT...The manager or a team captain ONLY must do any questioning of calls made by the officials. Participants are not at liberty to question and critique officials, and are subject to ejection for doing so. Questions or concerns directed to officials should be done only by the team manager or captain, and should be done only in an adult and sportsmanlike manner.

THIS IS PARK & RECREATION VOLLEYBALLBALL

All participants and spectators should approach the game as recommended by the IHSAA:

THE FUNDAMENTALS OF SPORTSMANSHIP

1. Show respect for the opponent at all times.
2. Show respect for the officials.
3. Know, understand and appreciate the rules of the contest.
4. **MAINTAIN SELF-CONTROL AT ALL TIMES!**
5. Recognize and appreciate skill in performance regardless of team affiliation.

A Well-Played Contest Will Be Enjoyed By All Only if Each Of Us Assumes Our Responsibilities.

AS A PLAYER, YOU ARE EXPECTED TO:

1. Play, have fun, and enjoy the game. **THE GAME IS FOR YOU!**
2. Demonstrate Sportsmanship toward your opponents, and treat them with respect.
3. **EXERCISE SELF-CONTROL AT ALL TIMES**, accepting decisions and abiding by them.
4. Respect the judgment of the officials and their interpretations of the rules.
5. **Regarding clarification of a ruling, communicate with the game officials through your captain only.**
6. Accept victory with humility and defeat with grace. Be neither boastful nor bitter.

If you have any questions call **Jeremy Kienitz**, Recreation Director at the Park Office 9:00 a.m. thru 5:00 p.m., Monday thru Friday - **873-1506**.

PLEASE TAKE ADEQUATE TIME TO STRETCH AND WARM-UP BEFORE PLAYING.
PHYSICAL FITNESS, AN EFFECTIVE APPROACH TO NUTRITION, AND PREVENTIVE
MAINTENANCE
WILL HELP PREVENT INJURY!

PLEASE BE GOOD SPORTS AND ENJOY THE GAME OF VOLLEYBALL!!!

MICHIGAN CITY DEPARTMENT OF PARKS & RECREATION
2009-2010 ADULT VOLLEYBALL
 APPLICATION AND WAIVER

TEAM NAME _____ DATE _____

MANAGER _____ EMAIL: _____

PHONE # _____ / _____
 HOME PHONE / WORK PHONE

ADDRESS _____
 STREET, CITY, STATE, AND ZIP CODE

As the Manager of the above listed team, I have carefully read and considered the information included with this application and roster. I agree to follow all rules, and I understand that I will be held accountable for this team. I also understand that the validity of this roster and application, and the validity of the players listed, is my responsibility as the designated Manager.

Manager Signature: _____

APPLICATION WILL NOT BE CONSIDERED WITHOUT MANAGER SIGNATURE

MONEY AND ROSTERS DUE BY SEPTEMBER 25, 2009 AT 4 PM

Program	Day	Time	Fees	Start
<input type="checkbox"/> Men's 6's Volleyball League: This league has ONE division. This is a very highly competitive league in which players can pass, set & spike.	Mon	Krueger 6:30, 7:30 & 8:30	\$350	10/5
<input type="checkbox"/> Co-ed 6's Volleyball League: This league has four divisions; Please check one: <input type="checkbox"/> A = All players can pass, set and spike <input type="checkbox"/> B = Top recreational volleyball. <input type="checkbox"/> BB = Players are competitive <input type="checkbox"/> C = All for fun! Recreational and social.	Tues	MC High 7:30, 8:30 Barker 6:30, 7:30 & 8:30 Krueger 6:30, 7:30 & 8:30	\$350	10/6
<input type="checkbox"/> Women's 6's Volleyball League <input type="checkbox"/> A = All players can pass, set and spike very good <input type="checkbox"/> B = Top recreational volleyball <input type="checkbox"/> C = All for fun! Recreational and social.	Wed	Barker 6:30, 7:30 & 8:30 MC High 7:30, 8:30 Krueger 6:30, 7:30 & 8:30	\$350	10/7

ALL TEAM MEMBERS MUST SIGN WAIVER ON REVERSE SIDE OF THIS ROSTER TO BE ELIGIBLE TO PLAY. ALL TEAM MEMBERS MUST PROVIDE A COMPLETE HOME ADDRESS, INCLUDING CITY, STATE and ZIP CODE.

**CITY OF MICHIGAN CITY - DEPARTMENT of PARKS & RECREATION
SPORTS APPLICATION AND WAIVER**

I request that I be permitted to participate in a Michigan City Parks & Recreation Department sports program, league, and/or tournament. I understand my failure to follow all rules imposed by the M.C. Parks & Recreation Department, including all rules imposed by any and all governing bodies and/or sanctions, will be cause for my dismissal from the program, league, and/or tournament. I also understand that there is an element of risk with regard to personal injury involved in my participation in any sporting activity.

Having read the above, and after careful consideration, I hereby voluntarily assume all risks inherent in my participation in a M. C. Parks & Recreation program, league, and/or tournament. I further agree that I will indemnify and hold harmless the City of Michigan City, its Park Board and Department of Parks & Recreation, the Michigan City Area Schools and its Board of Trustees, the I.H.S.A.A. the USVA, and all personnel connected therewith, from all liability from any claim that arises out of my participation in said program, league, and/or tournament.

TEAM NAME: _____ MGR. NAME _____

MANAGER PHONE: _____ / _____
HOME / WORK

ADDRESS			
NAME	STREET, CITY, ST., AND ZIP	PHONE	SIGNATURE
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
11.			
12.			

*** NO MORE THAN TWELVE (12) MEMBERS PER TEAM ***

ALL TEAM MEMBERS MUST SIGN ROSTER/WAIVER TO BE ELIGIBLE TO PLAY. ALL TEAM MEMBERS MUST BE 18 YEARS OF AGE AND PROVIDE A COMPLETE HOME ADDRESS INCLUDING CITY, STATE AND ZIP CODE.