

PRESSRELEASE

Mayor's Office • 100 East Michigan Blvd. • Michigan City, IN 46360 • (219)873-1400 • Fax: (219)873-1515
www.emichigancity.com

For Immediate Release

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Mayor Oberlie Issues Heat Warning for Citizens

Michigan City, IN (August 7, 2007) – The National Weather Service issued a High Heat Index Warning today effective between the hours of noon and 8:00 p.m. today. Another day of High Heat and dangerous conditions are expected for Thursday, August 9th. High heat combined with highly humid conditions can be expected. High temperatures will be in the upper 90's with heat indices from 100 to 105 degrees. Further heat advisories may be issued for this period. Overnight temperatures will be lower and offer some relief.

With extreme hot and humid weather conditions in our area, Mayor Chuck Oberlie announced several strategies citizens can plan to stay cool and healthy. "If you do not have air conditioning; make plans now to find locations with air conditioning where you may stay through this period", said Mayor Oberlie. Mayor Oberlie urges residents to continue checking on the elderly to make sure they are healthy, hydrated and cooled. "Call or visit your elderly family and neighbors to make sure they are able to get cool. Drinking lots of water during high heat index days helps keep the body hydrated and cooled," Mayor Oberlie said.

The Emergency Management Agency offered additional remedies for staying cool. "I recommend that people spend at least part of the day in an air-conditioned environment. Go to a mall, community center or other public place where air conditioning is available. If air conditioning is not available, citizens can take a cool shower or bath during the day to provide relief. A brief spell in air conditioning allows the body to recover from the cumulative effects of high heat indexes" said John Jones, Director of the Michigan City Emergency Management Office.

During the business week, the Senior Center and City Hall will be open for use as cooling centers for those seeking immediate relief from the forecasted heat wave. "We are concerned about the safety of our citizens, and we've taken steps to make cool areas available to them during these extreme weather conditions" stated Mayor Oberlie. The Senior Center is open until 4p.m. daily; City Hall is open 8:00 a.m. until 4:30 p.m. daily.

Contact: Cindi Walus

Phone: 219/873-1400

Fax: 219/873-1515

E-mail: cindiw@emichigancity.com